

BATTLE-TICKS!

INFO



AGES 8-9



LOCATION
In a room



DURATION
20 minutes



LEVEL OF DIFFICULTY
Easy

OBJECTIVE OF THE ACTIVITY

To help children understand the top 10 tick hiding spots on your body and the importance of tick checks.

INSTRUCTIONS

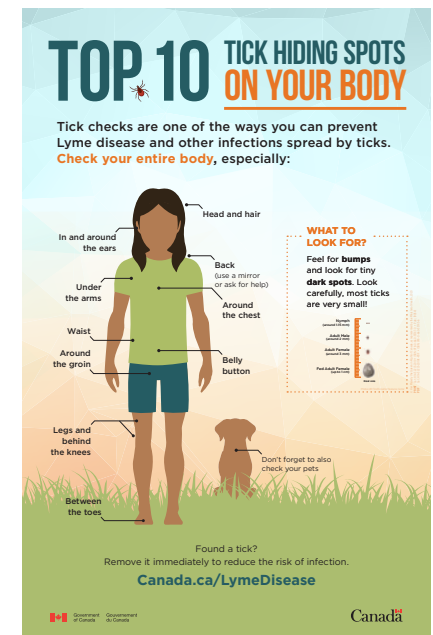
This activity is inspired by the *Battleship game*.

- The aim is to find the ticks hidden by your opponent on their BATTLE-TICKS! game sheet.
- Pair a child with another child to play against each other.
- Each child receives a game sheet and must hide it from their opponent.
- Each child draws 3 ticks on their game sheet. At least 2 ticks must be drawn in the *Top 10 tick hiding spots on your body* (indicated in yellow).
- Taking turns, the children try to find the ticks of their opponent by giving coordinates. For example: "Is there a tick on E4?" When a child correctly finds a tick, the opponent must say "tick" and the game continues.
- To keep track of the coordinates, players circle them on their game sheet.
- The winner is the child who finds 3 ticks first.

MATERIALS



- BATTLE-TICKS! game sheets (1 per child)
- Top 10 tick hiding spots on your body poster



BEFORE YOU START

Using the *Top 10 tick hiding spots on your body* poster,

Explain that:

- Ticks can be found anywhere on your body.
- It is important to check your entire body especially the top 10 tick hiding spots.

ADDITIONAL INFORMATION

Explain that:

- When a tick bites, it attaches to your skin to feed on blood.
- It is important to have an adult remove it with clean, fine-point tweezers.
- They should grasp the head of the tick as close to the skin as possible and pull slowly.
- They should try not to twist or squeeze the tick when removing it.

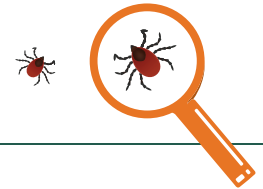
Show videos:

 [Top 10 tick hiding spots](#)

 [How to properly remove a tick](#)

Test their knowledge:

 [Interactive games](#)



ENJOY THE OUTDOORS,
WITHOUT A TICK!



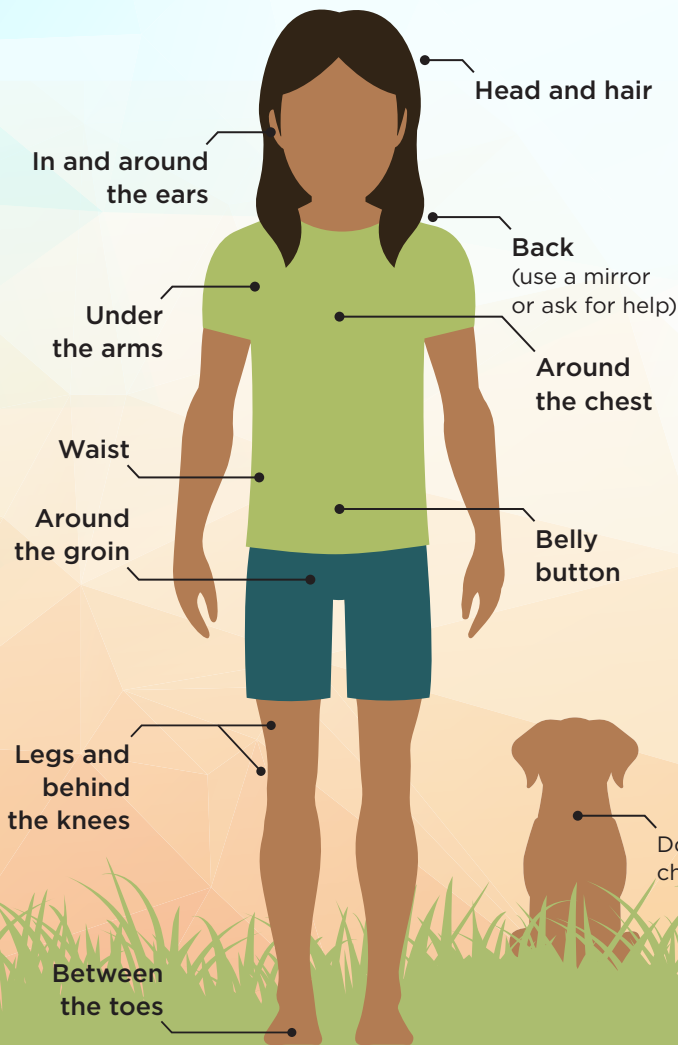
BATTLE-TICKS!

GAME SHEET

	A	B	C	D	E	F	G	H	I	J	K	L	M
1													
2													
3													
4													
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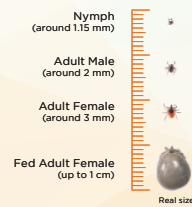
TOP 10 TICK HIDING SPOTS ON YOUR BODY

Tick checks are one of the ways you can prevent Lyme disease and other infections spread by ticks. **Check your entire body**, especially:



WHAT TO LOOK FOR?

Feel for **bumps** and look for tiny **dark spots**. Look carefully, most ticks are very small!



Photos: UPI, TickEncounter Resource Center

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 1-877-942-7247 (toll-free) • 1-888-969-5846 (toll-free)

Don't forget to also check your pets

Found a tick?
 Remove it immediately to reduce the risk of infection.

Canada.ca/LymeDisease