# **TICK BUSTERS**



# INSTRUCTIONS

- Children start the game standing up.
- The game leader reads the statements in the quiz one by one.
- Children use their voting cards to say true or false.
- Whoever has the right answer stays standing and the others sit down.
- Those who remain standing the longest are the "tick busters".

# MATERIALS

- Tick busters Quiz
- True and false voting cards (printed and cut out) or coloured paper to represent true and false







# **BEFORE YOU START**

#### Explain that:

- A good way to find accurate information is to use trusted sources.
- The same applies to information about ticks.
- The Public Health Agency of Canada has information, resources, and videos on ticks and tick bite prevention.

# **ADDITIONAL INFORMATION**

Show awareness resources from the Public Health Agency of Canada. Show videos:

- **Top 10 tick hiding spots**
- B How to reduce ticks around your home
- B How to properly remove a tick

Test their knowledge:



# **TICK BUSTERS**

#### 1. Ticks are insects.

FALSE They have 8 legs; they are arachnids.

2. Ticks don't jump.

**TRUE** They cannot jump.

3. Ticks feed on blood.

### TRUE

Ticks need blood to go from one life stage to the next.

4. To kill a tick that has bitten you, you must crush it.

## FALSE

It must be removed with clean, fine-tipped tweezers and then killed by drowning it in rubbing alcohol or freezing it for several days. Be careful not to crush the ticks with your bare fingers, as the infection can penetrate cracks in the skin, such as around the fingernail.

#### 5. Ticks don't fly.

### TRUE

Ticks do not have wings!

#### 6. Ticks live in trees.

FALSE They live on the ground, in tall grass and dead leaves.

#### 7. Ticks don't bite pets.

#### FALSE

Pets have blood, so they can become prey for ticks.

 Canada has over 40 species of tick.
TRUE However, only a few attack humans.

#### 9. Ticks die in the winter.

## FALSE

They lie beneath layers of leaves and snow to stay away from the extremely cold temperatures.

10. Ticks can lay thousands of eggs.

# TRUE

#### 11. Tick bites hurt.

# FALSE

People sometimes don't even notice its bite because the tick injects an anesthetic that camouflages the pain.

#### 12. Ticks have no predators.

FALSE Many animals eat ticks!

13. Tick bites can cause Lyme disease.

# TRUE

As well as a dozen other diseases.

14. The risk of getting an infection drops significantly if the tick is removed immediately after the bite.

## TRUE

Immediately removing attached ticks reduces the risk of infection.

