

# NEW Cannabis Virtual Learning Experiences for grades 7 to 12 by Health Canada

Health Canada's NEW cannabis education programs, Pursue Your Passion (for grades 7-8) and All About Cannabis (for grades 9-12), engage and educate students on the risks of cannabis use on mental health and brain function. They also encourage students to pursue activities that can help them feel their best without the potential health and safety risks of cannabis use.



## PURSUE YOUR PASSION & ALL ABOUT CANNABIS

**Did you know Canadian and American teenagers use cannabis more frequently than any other teenagers in the world? Research shows that the brain is not fully developed until around the age of 25, including areas of the brain responsible for emotions, memory, and thinking ability. Using cannabis before the age of 25 can harm the way the brain develops and works. This is why it's important to reach this age group and discuss health and safety information surrounding cannabis.**

**Pursue Your Passion and All About Cannabis are interactive, free and virtual experiences presented by two trained facilitators who engage students with activities, quizzes, and Q&A sessions. These programs have been designed to complement one another and provide targeted, age-appropriate information.**

### Topics explored throughout the two sessions include:

- Information on cannabis, its different forms and associated risks.
- The effects of cannabis use on mental health and brain development.
- Alternative activities which can help students feel their best without the potential health and safety risks of cannabis use.

### The cannabis virtual experiences are:

- For grades 7 to 12
- 45-60 min in duration
- Available in English and French
- Suitable for classes of up to 50 students
- Designed to complement one another to further learning on this topic

Detailed instructions and resources will be provided to teachers upon booking.

### Technical details:

- Sessions will be hosted on the preferred platform of the school (e.g. Zoom, MS Teams, Webinar).
- Ideally, classes will have access to computers, tablets, or mobile phones for each participant.\*
- Classroom will need access to a digital screen/smartboard/projector to display the live virtual moderator (including audio) to students.

\*Accommodations can be made to adapt the virtual program to fit the technology available to your school and students (contact us to discuss if accommodations are needed).

To sign up your class or to ask questions, [click here](#) or email us [info@healthcanadaexperiences.ca](mailto:info@healthcanadaexperiences.ca)